

PROTEINS

organic chicken egg	10
organic duck egg	13
beef rasher	20
chicken sausage	20
probiotic grilled / fried chicken	45



VEGAN ALTERNATIVES

marinated crispy tofu	24
tofu / tempe your way:	24
STEAMED GRILLED FRIED	
sweet & spicy tempe	24
vegan protein powder	24
coconut yogurt	20
vegan cheddar	20
vegan mayonnaise	20



FATS

avocado	20
extra virgin olive oil (1tbsp)	20
virgin coconut oil (1tbsp)	20
grass-fed & free-range ghee	20

CARBS

freshly baked 2 slices of happiness:

brown bread	8
country bread	8
focaccia bread	8
pumpkin bread	8
banana bread	8
revita bread	10
flourless seeds and nuts loaf	
sunshine bread	10
brown rice flour, quinoa & seeds	

CARBS

almond bun	32
Turkish pide	8
organic white rice	13
organic brown rice	13
organic red rice	13
ketupat (brown rice in banana leaves)	13
cauliflower rice	13
taco shell (corn tortilla) (1pc)	8
sundried tomato	20
quinoa grain	20
baked organic sweet potato	20
french fries	22
egg noodles	13
rice noodles	13
zucchini noodles	20

spaghetti	22
fettuccine	22



herbed smashed peas	20
crunchy coleslaw	20

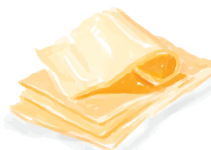
vegetables your way +20

side of fresh organic salad | tomato
cucumber | broccoli | mix vegetables
mushrooms | spinach

homemade granola	20
fresh seasonal fruits	20

DAIRY

cheddar cheese	20
mozzarella	20
feta	20
parmesan cheese	20
yogurt	20



SPREADS & CONDIMENTS 🌱 🌾

aubergine 🌱	20
eggplant, garlic and spices	
fresh Mexican salsa 🌱	20
tomato, onion, coriander, cumin, lime and Bali sea salt	
guacamole 🌱	20
avocado, tomato, onion, cumin, lemon and Bali sea salt	
hummus 🌱 🌾	20
chickpeas, tahini, lime, cumin, garlic, EV olive oil and Bali sea salt	
roasted beetroot hummus 🌱 🌾	20
chickpeas, beetroot, tahini, lime, cumin, garlic, EV olive oil and Bali sea salt	
Bali spiced sauerkraut 🌱 🌾	20
fermented pickled vegetables and Bali spices	
spicy kraut-chi 🌱 🌾	20
fermented pickled vegetables and kimchi spice	
hot sambal 🌱 🌾	20
tomato, red chili, garlic, coconut oil and Bali sea salt	
sweet sambal 🌱 🌾	20
tomato, red chili, garlic, coconut oil, cane sugar and Bali sea salt	
green sambal 🌱 🌾	20
green tomato, green chili, garlic, coconut oil, lime and Bali sea salt	

choose your flavor:

cream cheese	20
choose from natural or garlic	
cream cheese garlic	20
choose from natural or garlic	
cream cheese sundried tomato	20
choose from natural or garlic	

peanut butter 🌱 🌾	20
peanuts, coconut oil and Bali sea salt	
tropical passion fruit jam 🌱	20
passion fruit, butter, cane sugar, eggs	
chocnut spread 🌱 🌾	20
peanut, hazelnut, cashew, almond, cocoa powder, coconut oil, coconut nectar	



FOR DIPPING & CRUNCHING 🌱 🌾 🌿 🍷

bagel chips	10
our sliced bagels with EV olive oil, garlic and Bali sea salt	
sweet potato chips 🌱	10
choose from yellow or purple sweet potato	
cassava chips 🌱	10
pizza cracker 🌱	10
tomato, flaxseed, zucchini, corn, seeds, fresh & dried herbs and Bali sea salt	
curry & flaxseed cracker 🌱	10
zucchini, curry powder, carrot, flaxseed, zucchini, corn, seeds, basil and Bali sea salt	
pumpkin & carrot cracker 🌱	10
flaxseed, dates, cashew, pumpkin seeds, sunflower seeds, Bali sea salt, carrot, pumpkin, nutmeg, cinnamon powder, cardamom powder, ginger, black pepper, coriander and water	

SUPERFOODS 🌱 🌾 🌿 🍷

raw ground cacao beans	20
chia seeds	20
ground flaxseed	20
spirulina powder	20
turmeric powder	20



FEED YOURSELF WELL
A LOUD NO TO GMO
GO FOR SLOW FOOD
CHANGE YOUR FOOD CHANGE YOUR LIFE
HONEST FOOD SIMPLE INGREDIENTS
CONNECT WITH OTHERS
FAVOUR SUSTAINABILITY
LOVE THE FOOD YOU EAT
NOURISH WITH REAL FOOD
LESS TOXINS MORE ORGANIC
FIND BEAUTY IN SIMPLICITY
HAVE A GENTLE FOOT PRINT

