HALAL INDONESIA
ID51320000102481220

EXCITING MENU ON PAGES 3-6!
This is your FREE copy. Feel free to take us home with you!

Bali Buda®

SHOP ONLINE AT
BALIBUDA.COM

BALI'S 1ST

HEALTH FOOD STORE | ORGANIC CAFE | BAKERY | REFILL STATION

BALI BUDA'S 32 YEARS OF UNWAVERING COMMITMENT!

FOOD YOU CAN EAT EVERYDAY OF THE WEEK



A LIVING BALI STORY

Bali Buda began more than 30 years ago with a simple idea: to make good, honest food like we make for our own families. We make food with real ingredients, without all the unnecessary things that had become normal in commercial food. Bali and Indonesia have changed enormously since then, and we have changed too. We have grown, learned, improved and kept going. But we are still guided by the same basic belief that our food choices matter. They affect our health, the people who produce our food and the place we all call home.

ROOTED IN INDONESIA

Indonesia has shaped us from the beginning. Coconut, turmeric, ginger, fresh vegetables, tropical fruits and other spices prepared slowly by hand were part of everyday life here long before they became international health trends. Being here taught us to value what grows locally and to know where our food comes from. It also connected us with farmers, producers and small suppliers who have worked with us for many years. These relationships are an important part of who we are.

GROWN BY MANY HANDS

Bali Buda was never built by one person. It has grown through the work of many people, including farmers, bakers, cooks, drivers, shopkeepers, suppliers, team members and even our dear customers! Some have been with us for decades. This is what happens before a meal reaches the table or a product reaches the shelf. People grow, source, test, prepare, pack, deliver and check everything along the way. Their knowledge, commitment and hard work are part of everything we make and serve.

ORGANIC WHEN POSSIBLE AND ALWAYS NATURAL

While not every ingredient can be organic, we prioritize it whenever possible. Our commitment is to use the best natural ingredients, avoiding pesticides and chemicals to ensure clean, wholesome meals. Even when organic isn't available, we seek sources that keep our ingredients as close to nature as possible.

Our approach has always been quite simple: start with good ingredients and cook without seed oils, MSG or unnecessary preservatives. We use coconut and olive oils, natural sweeteners, stainless steel cookware and organic ingredients whenever possible. We choose tofu and tempe made from GMO-free soy, probiotic chicken and cage-free eggs, sea salt tested for microplastics and butter from grass-fed cows. We still make our food by hand and in small batches. It takes more effort, but it is the way we believe food should be made.

BEYOND OUR SHOPS

Our work has never stopped with the food we serve. Over the years, we have supported many initiatives close to home and farther away. These include local growers, environmental projects, animal welfare, maternal and child health, education, community support and emergency relief. We cannot support every cause, but we do believe that a business should contribute to the well-being of the wider community.

THE STORY CONTINUES

After more than 30 years, we are still growing from the same roots: real food, real people and a deep connection to Indonesia. And yet, there is more to come. Bali Buda is entering a new chapter, shaped by everything we have learned and everything we still believe in. We are excited about where we are going. You may notice the first signs sooner than you think. But we will always be shaped by the people who work with us, the people who supply us and the people who have supported us through the years.

Thank you for being part of our story and for helping us carry it forward.

GET CASHBACK

BY RETURNING OUR GLASS JARS & BOTTLES



REDUCE. REUSE. RECYCLE.

ORDER VIA WHATSAPP

ENJOY ALL OF OUR FOOD, MEALS AND GROCERIES VIA OUR HOME DELIVERY SERVICE!



UBUD:	+62 811 3831 1877
KEROBOKAN:	+62 811 3831 1977
BUKIT:	+62 811 3831 2077
CANGGU:	+62 811 3831 2177
RENON:	+62 811 3831 2377
ABASAN:	+62 811 3831 2477

BALI BUDA SUPPORTING ZERO WASTE

Zero Waste is not only selling bulk and recycling plastic! At Bali Buda, we think of it at each and every step of our operations. Here are all the actions and decisions we have taken throughout the years to protect the Earth:

- In our cafes, we only use glass straws, and we are still the only ones packing your drinks in glass jars for take-aways and GoFood deliveries.
- Our packaging is not fancy nor pretty, precisely because it is recyclable and compostable in Bali: Newspaper bags, simple carton boxes, craft paper, banana leaves.
- We offer unbleached reusable cotton bags for free above 300K purchase and upcycled newspaper bags for free.
- We aim for minimal waste in all our food production: Any leftover is composted or used to feed our animals and used cooking oils (UCO) are donated to Lengis Hijau, a local non-profit, for being reused as biofuel, bio soap and candles.
- We develop products to avoid wastage: our skinny vanilla and chocolate custards are made from coconut pulp leftover after we extract our coconut water to bottle it.
- We sell many alternatives to single-use products in our stores: Cloth menstrual pads, bamboo utensils, washable nappies, glass straws and more. We also try selling as many products as we can in bulk.
- You can bring back all packaging you bought from us, we will dispose and recycle them through our partner Eco-Bali. That includes glass bottles and jars that we buy back from you!

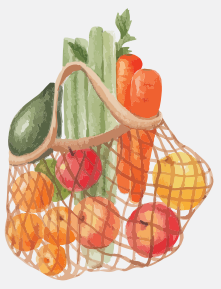
ZERO WASTE PROGRAM



CHAPTER 01

TURN BACK TRASH

Please don't throw away your Bali Buda packaging, bring them back to us to be recycled instead. Unless you're already recycling them, good on you! We do not accept anything other than recycleable Bali Buda packaging.
Get cashback for returning our glass jars and bottles!



CHAPTER 02

BRING YOUR OWN BAG

Since January 2018, we've stopped providing plastic bags for our customers and encourage you to bring your own, or purchase one of ours. **Shop over Rp 300,000 and we'll give you an earth-friendly Bali Buda bag for FREE!**



CHAPTER 03

ZERO WASTE

Start replacing your household cleaning products and tools for eco-friendly and natural preservatives. Check out our store for eco-friendly and minimal waste products!



CHAPTER 04

SHOP FROM BULK DISPENSERS

We have introduced bulk options in all of our shops since 2015. Buy what you need in any amount. To minimize waste, **bring your own containers or you can purchase reusable ones in our store.**

YOU ALSO HAVE A VITAL ROLE TO PLAY IN REDUCING WASTE. HERE ARE SOME TIPS TO GET STARTED:



Don't order or buy more food than you will use or eat. Roughly a third of all food in the world is wasted – and is one of the top reasons for human-driven climate change.



Always bring your own containers and bags when you're shopping.



Support locally grown organic markets and sellers.



Avoid single-use disposable products. Always carry your own water bottle, reusable straw and utensils, especially when eating out or getting delivery.



Recycle.

Bali Buda®

MENU

Our food is available on
GoFood & GrabFood

ALL DAY BREAKFAST

DELICIOUS HOT OATMEAL 60
rolled oats cooked with a side of fresh coconut milk, Bali Buda's wraps, date and local kenari nut topping and a side of coconut nectar.

BANANA PASSION FRUIT STACK 60
our signature homemade banana bread covered with Bali Buda's peanut butter, fresh strawberries, banana and toasted seeds, topped with Bali Buda's passion fruit jam, yogurt on the side.

CASSAVA PANCAKES 65
made from bananas, cassava flour and eggs, then happily topped with palm syrup, caramelized pineapple and fresh lime.
vegan version available



ULTIMATE BALI FRUIT SALAD 55
beautiful seasonal, local and organic fruits covered in fresh shredded coconut and activated almonds.

AVOCADO SMASH 85
freshly baked bread with a nutritious covering of smashed ripe avocado, green peas, feta cheese, sprouts, roasted seeds and 2 poached eggs with a side of Bali Buda's sweet sambal.
vegan & gluten-free version
with marinated crispy organic, GMO-free and local tofu, Bali Buda's vegan cheese and gluten-free sunshine loaf.

EGG DISHES

change for organic duck egg +10

TWO EGGS ANY STYLE 40
2 natural eggs served with freshly baked bread

PALEO BREAKFAST PLATE 80
full of good fats and probiotics - 2 eggs your way, beef rashers, avocado, seasonal vegetables and Bali Buda's spiced sauerkraut.

CHEESE & HERBS OMELETTE 65
cheesy herb filling, a side of cheesy herbed crumbs and your choice of fresh baked bread.

BIG MONSTER BREAKFAST 88
great for any time of the day! 2 eggs your style, beef rashers, chicken sausages, green beans, grilled tomato and freshly baked bread.

SANDWICHES & WRAPS

Add a slice of bread from our daily fresh selection.
Gluten-free options available!

PESTO PROBIOTIC CHICKEN WRAP 75
probiotic chicken mixed with delicious Bali Buda's pesto dressing, bean sprouts & organic salad in Bali Buda's thin red rice wrap.
low-carb version available
with lettuce instead of red rice wrap

CHICKEN CURRY PITA 85
probiotic chicken with special mixture of Bali Buda's mayonnaise, raisins, cashew nuts & fresh organic greens.
low-carb version available
with lettuce instead of pita

GREEN PEA FALAFEL WRAP 65
Bali Buda's thin red rice wrap filled with green pea & chickpea falafel, aubergine, cucumber & Bali Buda's beetroot hummus.
low-carb version available
with lettuce instead of red rice wrap

GRILLED CHEESE SANDWICH 55
cheddar cheese melted between 2 slices of Bali Buda's toasted bread.

BREKKY BURRITO 59
Bali Buda's thin red rice wrap filled with spiced organic, GMO-free and local tofu scramble, Bali Buda's hummus, apple slaw, spiced sauerkraut, salsa & avocado.
low-carb & vegan version available
with lettuce instead of red rice wrap

FRESH SPRING ROLLS 55
a refreshing mix of organic salad & herbs, GMO-free tofu and rice noodles wrapped in rice paper. A mix of both peanut and miso sauce on the side.

SMOOTHIE BOWLS

TUTTI-FRUTTI BOWL 70
Seasonal fruit smoothie, topped with fresh fruits, Bali Buda's granola, coconut flakes, and black sesame seeds.
vegan & gluten-free version
with roasted seeds instead of granola

SUPERCHARGER BOWL 70
a hearty blend of banana, our Bali Buda's peanut butter, oats, dates and coconut, topped with fresh local fruits and our Bali Buda's granola.
vegan & gluten-free version
with roasted seeds instead of granola

FRESH BAKED BREAD SELECTION

OPTIONS TO CHOOSE FROM:

For dishes that contain bread:
- COUNTRY BREAD
- BROWN BREAD
- SUNSHINE LOAF
- FOCACCIA
- SOURDOUGH

Extra 2 slices:

PLAIN OR CHARCOAL BUN	15
BROWN BREAD	15
COUNTRY BREAD	15
FOCACCIA BREAD	15
REVITA BREAD	15
SUNSHINE BREAD	15
SOURDOUGH BREAD	15
PUMPKIN BREAD	15

SALADS

Add a slice of bread from our daily fresh selection.
Gluten-free options available!

LEAN GREEN BOWL 75
our ancient grain mix with kale, grilled broccoli, green beans, mixed seeds, goji berries, avocado, grilled coconut and herbed tahini dressing.

EARTH BOWL 75
get grounded with a bowl of earthy colors - roasted pumpkin, sweet potato, carrots, tomato, apple, greens, pickled beetroot, Bali Buda's spicy kraut-chi, sprouts and lentils, served with Bali Buda's hummus, sambal and fresh herbs.

TEMPE SALAD 75
sweet and spicy organic tempe on a bed of organic mixed leaves, peppers and carrots, cucumbers, peppers, tomatoes with Bali Buda's green sambal.

BALI BUDA BOWL 75
a lovely assortment of rainbows - beetroot, carrots, corn, bean spouts, tomatoes, cucumber, sunflower & pumpkin seeds, herbs & organic garden greens

AYOMAYO SALAD 85
probiotic chicken with spiced mayo on a bed of fresh salad with kale, sunflower seeds and pumpkin seeds.

MIXED GRAIN SALAD WITH POACHED EGG 85
ancient grains, roasted cashews, pumpkin seeds, roasted sweet purple potato, fresh salad, avocado, feta cheese, cumin yogurt dressing and poached egg.

VEGAN · GLUTEN-FREE · FIND IT IN OUR SHOP · RECOMMENDED

Our prices are in .000 IDR, exclude 6% service charge and 10% local goverment tax

Scan this QR code to access our online menu and our nutrition facts

SOUL SOUPS

Add a slice of bread from our daily fresh selection.
Gluten-free options available!

SUNSHINE LENTIL STEW 68
warm bowl of lentils, carrot, pumpkin & yogurt.
add brown rice +13

LIGHTLY SPICED PUMPKIN 68
comforting smooth pumpkin, onion, garlic and leek.

RED PEPPER & TOMATO 68
an old time garden favorite of tomatoes, red pepper, onion, garlic and leek.

SUPERFOOD MINESTRONE 68
a healthy addition to the Italian tradition - kidney beans, fresh vegetables, parmesan in Bali Buda's tomato-base.
add quinoa +20

MISO SOUP 68
a Japanese tradition full of enzymes sprinkled with organic, GMO-free and local tofu & mushrooms.

GRATEFUL FOR GREENS 68
a vibrant mix of greens, onion, garlic and leek.

PURPLE SWEET POTATO SOUP 68
Local purple sweet potato with a gentle blend of aromatic spices, served with a side of herbed smashed peas.

BALI BUDA MAINS

GOURMET BURGER
a scrumptious best seller! Healthy homemade probiotic chicken / red bean patty, topped with mayonnaise and served with a side of organic salad or homemade fries

choose your patty:

CHICKEN PATTY 78
RED BEAN PATTY 68

choose your bun:

WHEAT BUN
our homemade classic bun

CHARCOAL WHEAT BUN
our homemade bun with a twist of charcoal for maximum health benefits

LETTUCE WRAP
low-carb, vegan and gluten-free option!

ALMOND BUN +32
a delicious nutty recipe for a gluten free option

BIBIMBAP 75
our version of the Korean favorite; rice, sauteed spinach, zucchini, carrots, button mushrooms, sprouts, egg and beef rasher, served with Bali Buda's spicy kraut-chi and hot sambal.
vegan version
with crispy marinated tofu and coconut chips
low-carb version +10
change rice for cauliflower rice

BALI BUDA TACOS 75
a super refreshing light meal of hard shell tacos with refried beans, fresh veggies, avocado, salsa, cheddar and yogurt.
low-carb version
change corn shells for lettuce

PROBIOTIC GRILLED CHICKEN PLATE 75
Our probiotic chicken breast with a side of fresh salad.

INDONESIAN TRADITIONALS

HIGH-COLLAGEN SOTO AYAM 75
One of the many versions of Indonesian chicken soup - this is our favorite! Shredded probiotic chicken, GMO-free and local tofu, egg, special spices & a dash of coconut milk, probiotic chicken broth. Served with rice noodle or egg noodle.

VEGAN NASI CAMPUR 58
traditional Balinese style and very fulfilling. Rice surrounded with shredded grilled coconut, sprouts & greens, tasty organic, GMO-free and local tofu mix & sambal matah.
low-carb version +10
change rice for cauliflower rice

VEGETARIAN NASI GORENG 55
stir fried rice with organic, GMO-free and local tofu & veggies. A special vegetable satay & fried egg on top with a side of Bali Buda's sambal.
low-carb version +10
change rice for cauliflower rice

GADO-GADO 55
simply fresh steamed vegetables with a mild spicy peanut sauce on the side
add rice cake +13

TOFU & CASHEW CURRY 75
brown rice surrounded by GMO-free tofu, freshly stir-fried veggies, chickpeas and crunchy cashews all in a mild curry and a dollop of raita
low-carb version +10
change rice for cauliflower rice

LALAPAN 75
local classic using our probiotic chicken, infused with a blend of spices and fried. Served with your choice of rice and Bali Buda's sambal, or hand-cut fries and mayo

PASTA

HOMEMADE PASTA

choose your pasta:

FETTUCCINE / SPAGHETTI
the classic wheat flour and fresh egg pasta

ZUCCHINI NOODLES
low-carb, vegan and gluten-free option!

choose your sauce:

POMODORO SALSA 79
an Italian mother's special tomato sauce recipe, with great pasta

ZESTY PESTO 79
fresh basil, EV olive oil, garlic, parmesan and bits of roasted cashew topping

ULTIMATE MAC 'N' CHEESE 79
a whole lot of feel-good carbs. Creamy macaroni, served with cheesy herbed crumbs and a side of crunchy coleslaw

VEGETARIAN LASAGNA 79
Bali Buda's pasta with fresh vegetables and baked into delicious goodness

SCRUMPTIOUS PUMPKIN RAVIOLI 79
delicious Bali Buda's pumpkin ravioli in herbed butter, comforting and simple

PIZZA

classic wheat flour pizza dough

MARGHERITA 80
parmesan, mozzarella, oregano and olive oil.

PEPPERONI 95
mozzarella, beef pepperoni and parmesan.

SPINACI 95
mozzarella, spinach, feta cheese, onion, kalamata olives and parmesan.

BBQ PROBIOTIC JUNGLE CHICKEN 98
spicy BBQ sauce, parmesan, pineapple and probiotic chicken.



VEGAN GLUTEN-FREE FIND IT IN OUR SHOP RECOMMENDED

Our prices are in .000 IDR, exclude 6% service charge and 10% local goverment tax

Scan this QR code to access our online menu and our nutrition facts

EXTRAS

PROTEINS

organic chicken egg	10
organic duck egg	13
beef rasher	20
chicken sausage	20
probiotic grilled / fried chicken	45
falafel	15

VEGAN ALTERNATIVES

Coconut Yogurt	25
marinated crispy organic, GMO-free, local tofu	25
sweet & spicy organic, GMO-free, local tempe	25
organic, GMO-free and local tofu & tempe your way: steamed / grilled / fried	25
vegan cheddar	25
vegan mayonnaise	25

CARBS

almond bun	32
Turkish pide	8
organic white rice	13
organic brown rice	15
organic red rice	15
ketupat (brown rice in banana leaves)	15
cauliflower rice	19
taco shell (corn tortilla) (1 pc)	8
sundried tomato	20
quinoa grain	20
baked organic sweet potato	20
roasted pumpkin	20
french fries	36
egg noodles	13
rice noodles	13
zucchini noodles	25
spaghetti	25
fettuccine	25
homemade granola	20
baked sweet potato (ubi cilembu) portion	20
red beans patty portion	39
herbed smashed peas	20
crunchy coleslaw	20
fresh seasonal fruits	20
vegetables your way: steamed / grilled	20

FATS

avocado (sliced or smashed)	20
extra virgin olive oil (1 tsbp)	20
butter	20

DAIRY

cheddar	20
mozzarella	20
feta	30
parmesan	30
yogurt	25

PROBIOTIC BOOSTERS

hummus	20
roasted beetroot hummus	20
Bali spiced sauerkraut	20
spicy kraut-chi	20

SUPERFOODS

raw ground cacao beans	20
chia seeds	20
spirulina powder	20
turmeric powder	20

SPREADS & CONDIMENTS

aubergine	20
fresh Mexican salsa	20
sambal matah	20
peanut sauce	20
tahini dressing	20
tzatziki	20
peanut butter	20
tropical passion fruit jam	20
chocnut spread	20
cream cheese - choose from: plain, garlic and sundried tomato	25

FOR DIPPING & CRUNCHING

bagel chips	15
pizza cracker	15
curry & flaxseed cracker	15
pumpkin & carrot cracker	15

DESSERTS

VEGAN DELIGHTS

raw chocolate pudding pie	45
chocolate truffle	39
energy ball - choose from:	25

fruity spirulina, minty spirulina, cardamom, pineapple goji berry, no bake chocolate brownie, peanut butter

FROM OUR BAKERY

banana bread (1 slice)	7
bagel - choose from: plain, garlic or multigrain	25
muffin - choose from: blueberry, banana & almond, feta & spinach	30
muffin GF	39
real cinnamon roll	35
samosa - choose from: cheese or vegetable	30
quiche - choose from: cheese, beef rasher and sundried tomato	55
soft pretzel	19
Spanish potato pie slice	39
mini calzone	35

CAKES & PIES

ubi cilembu sweet potato pie	45
butterscotch bar	29
coconut passion fruit pie	29
vegan lemon tart	45
strawberry caramel fudge tart	45
superfood chocolate dream cake	45
chocolate mud cake	45
no bake cheese cake	59
super chocolate brownie	29
chocolate mousse cake	45
cashew caramel pie	45
apple crumble pie	45
carrot cake	45
nuts & chocolate bar	45



VEGAN GLUTEN-FREE FIND IT IN OUR SHOP R RECOMMENDED

Our prices are in .000 IDR, exclude 6% service charge and 10% local goverment tax

Scan this QR code to access our online menu and our nutrition facts

SUPER HEALTH SMOOTHIES

SUPER BERRY 55
raspberry, blackberry, cranberry, mulberry, yogurt, coconut water and raw honey.

MEGA MAGNESIUM SMOOTHIE 55
banana, avocado, avocado seed (yes, we promise it's good for you!), yogurt, dates, rice milk, kale, cacao beans and cacao powder.

GREEN SUPERFOOD SMOOTHIE 55
papaya, apple, banana, spirulina, maca and ginger.

RAW CACAO SMOOTHIE 55
organic raw cacao, banana, and rice milk.

DOSHA BALANCING DRINK 55
banana, homemade almond butter and dates.

AUSTIN HEARTBEAT SMOOTHIE 55
banana, beetroot, avocado, pineapple, ginger and raw honey.

HEALTHY JUICE

BLENDED JUICE 40

- **Single Fresh Fruit Juice**
Made with local fresh fruit, please choose one:
Papaya, pineapple, Mango, Passion Fruit, Avocado or Banana
- **Tropical Mango**
Mango,Pineapple, Passion Fruit
- **Paradise Blend**
Pineapple, Passion Fruit, Papaya
- **Island Harmony**
Banana, Pineapple, Passion Fruit
- **Creamy mango**
Avocado, Banana, Mango
- **Summer Bliss**
Banana, Mango, Passion

PRESSED JUICE 55

- **Single Pressed Fruit Juice**
Made with local fresh fruit, please choose one:
Beetroot, Carrot, Orange, Tangerine, Ginger
- **ABC**
Beetroot, Carrot, Apple
- **Grounding**
Beetroot, Carrot, Ginger
- **Sunrise**
Orange, Carrot, Apple
- **Vibrant**
Beetroot, Orange, Carrot, Ginger

FRESH LEMONADE 35
Choose from the following combo:
- Citrus, Mint
- Lime, Ginger
- Lime, Ginger, Mint

NATURAL SODA 40
Choose from the following combo:
- Citrus, Mint Soda
- Ginger, Lime Soda
- Ginger, Citrus, Mint Soda

SUPER HEALTH DRINKS

DETOX 45
lime, raw honey, aloe vera and ginger with your choice of mint or cayenne.

GUAVA BLISS 42
Bali guava, coconut water, raw honey, lime and ginger.

CLEANSING DRINK 55
passion fruit, ginger and raw honey.

GOJI TUMERIC SUPER DUPER 49
goji berry, fresh turmeric, tamarind, lime, black pepper and raw honey.

KOMBUCHA BY BOTTLE (500ML)

green tea 39
chrysanthemum
mangosteen
spiced apple rooibos

HOUSEMADE TRADITIONAL DRINKS

FRESH COCONUT WATER (500ML) 27
we extract water from Balinese green young coconut everyday and bottle it fresh for you.

JAMU ASAM KUNYIT (500ML) 39
the classic jamu, made with turmeric, tamarind, lime and raw honey.

EXTREME JAMU CONCENTRATE (330ML) 69
this is a secret concentrate jamu recipe of ours, mix with water or shot it for a good boost!

FRESH PAPAYA LEAF JUICE (PRICE FOR 500ML) 35
a local healing juice for fever & dengue. Puts you back on your feet in no time.

NATURAL ANTIBIOTIC 35
kefir, daikon, apple cider vinegar, garlic, ginger, chili, onion, tumeric

FRESH HOMEMADE MYLKS (500ML)

almond milk 49
cashew milk 49

OUR ALL TIME FAVES!

AYURVEDIC GOLDEN LATTE 38
warm and soothing immune-boosting turmeric with coconut milk.

INDIAN SPICED CHAI 38

HOT CHOCOLATE 35

COFFEE

pot of organic Bali coffee 30
espresso 30
macchiato 33
americano 33
cappuccino 38
cafe latte 38
flat white 38
mocha 40

BULLETPROOF COFFEE 45
espresso with grass-fed butter and virgin cold pressed coconut oil to revive the mind and body.

ESPRESSO SHOT EXTRA 15

MATCHA

ceremonial grade matcha originated from Kagoshima, Japan.

matcha latte 50
iced matcha latte 50

change to:
COCONUT +5
ALMOND / CASHEW MILK +20



BY MADE'S TEA

black chai 38
vanilla & coconut chai
rosella chai
ayurveda
healing
hormonal
energizing
brain booster
calming & relaxing
skinny & detox
green & jasmine
lemongrass & ginger

VEGAN GLUTEN-FREE FIND IT IN OUR SHOP R RECOMMENDED

Our prices are in .000 IDR, exclude 6% service charge and 10% local goverment tax

Scan this QR code to access our online menu and our nutrition facts

KEEPING IT REAL.

All baked goods and foods at Bali Buda are homemade everyday, no big equipment involved.

We never use MSG. We only use free-range natural eggs.

Our chicken is free-range and organically grown, hormone-free and free of antibiotics.

We only use coconut oil in our cooking and food processes, we avoid all products containing palm oil.

We go the extra mile to serve produce, gains and proteins as chemical-free and non-GMO as possible.

We love and support both slow food and slow life concepts.

We are members of Slow Food Ubud and Slow Food International.

We support organic agriculture and sustainable living initiatives in Bali.

We practice principles of Fair Trade.

Bali Buda is proud to buy our rice and produce by LeSOS certified farms. LeSOS started from an initiative of organic farmers in the districts of Trawas, Pacet and Ngoro in East Java. They are farmers who have carried out and developed organic farming cultivation since 1994 with the assistance of Seloliman Environmental Education Center (PPLH Seloliman). At first, they marketed their products only on the basis of trust between consumers and producers. In November 2007, LeSOS received an official certificate from the Organic Food Competent Authority (OKPO). OKPO is one of the technical teams from the Directorate General of Processing and Marketing of Agricultural Products under the umbrella of the Minister of Agriculture of the Republic of Indonesia. Based on this mandate, LeSOS is one of the first certification bodies in Indonesia with the right to investigate, issue certificates and organic labels for various organic products, farmers and farmer groups, cooperatives, companies, and others that have met their strict requirements for following organic practices.



SLOW FOOD IS GOOD, CLEAN AND FAIR

Slow Food's approach to agriculture, food production and gastronomy is based on a concept of food quality defined by three interconnecting principles: good, clean and fair! The word good can mean a lot of things to a lot of people. For Slow Food, the idea of good means enjoying delicious food created with care from healthy plants and animals. The pleasures of good food can also help to build community and celebrate culture and regional diversity. When we talk about clean food, we are talking about nutritious food that is as good for the planet as it is for our bodies. It is grown and harvested with methods that have a positive impact on our local ecosystems and promotes biodiversity. We believe that food is a universal right. Food that is fair should be accessible to all, regardless of income, and produced by people who are treated with dignity and justly compensated for their labor.





LOCAL & NATURAL

We do our best to serve organically farmed and GMO-free food. The farms we buy our produce from have been under the supervision of BOA (Bali Organic Association) for the past 10 years. Our produce is grown as organically and chemical-free as possible. Besides being overseen by BOA, we periodically spot check the farms ourselves and conduct spontanious random lab testing on the produce without prior supplier knowledge.



"Let people then consider their food:
how We pour down rain in abundance and meticulously split the earth open for sprouts causing grain to grow in it, as well as grapes and greens, and olives and palm trees, and dense orchards, and fruit and fodder - all as a means of sustenance for you and your animals."

Surah Abasa 80:24-32
The Noble Qur'an

SHARE, FOLLOW AND TAG US!

BALIBUDA

BALI BUDA CAFE & HEALTH FOOD SHOPS

TIKTOK.COM/@BALIBUDA

SHOPEE.CO.ID/ BALIBUDA.STORE

SHOP ONLINE
BALIBUDA.COM

SCAN QR CODE BELOW FOR
OUR STORE MAPS

